

## Coyote Campfire Fall 2017

<b>Name</b>	Isabelle Martin
<b>Organization/program you work with</b>	NA
<b>Where are you located?</b>	Atherton California United States
<b>What is the name of your activity/skill</b>	Edible and Medicinal Plants
<b>What age is this skill/activity appropriate for?</b>	preschool (under 5) young kids (5-8) Preteen (9-12) teen adult
<b>Any special materials needed to lead this activity?</b>	For edibles, maybe some boiled water. For medicinals, stove, double boilers, strainers, olive oil, beeswax; if you can, alcohol, vitamix blender, essential oils.
<b>Brief activity overview/description</b>	Go on a plant walk to identify edible plants in your area, taste and smell these plants. Gather some of your edibles to make tea, salad, pesto, depending on what you find. A more advanced plant walk would be to identify and gather plants to make a medicinal salve. All ages can do this.